



Parmesan-crusted Chicken Breast

Sautéed in olive oil, served w/ a Sundried Tomato Choron Sauce

Filet Mignon

Grilled Filet Mignon served over Wilted Spinach w/ a Roasted Garlic Demi-Glace

"Chef's Way" Haddock

Haddock sautéed in olive oil topped w/ Lemon, Capers, Grape Tomatoes, White Wine and Fresh Basil

Albacore Tuna Salad Plate

Tuna Salad over a bed of Mixed Field Greens w/ Euro Cucumbers and Vine Ripe Tomatoes

Island Turkey Cobb Salad

Chopped Apple Wood Smoked Bacon, Crumbled Blue Cheese, Roasted Turkey, Tomato, Hard Boiled Egg

Madras Curry Chicken Salad

Tandoori Spiced Chicken Salad Tossed with a Honey Yogurt Dressing over Greens, Topped w/ Mango Chutney, Toasted Coconut, Craisins

Pan Seared Atlantic Salmon

Served over Black Rice w/ a Teriyaki Glaze, and Asian cabbage Slaw

12 Oz. Bone-in Veal Strip Steak

Grilled to perfection, served w/ a Merlot Demi-Glace, Sautéed Portobello Mushrooms, and Caramelized Vidalia Onions

Fish Fry / Prime Rib / Pasta / Chops

Please make reservations. 315-482-9454 ext. 103